

Mental Health and the Church: According to the mental health survey of 607 Singaporeans conducted by Young PAP (for #BetterTogether) in 2022, 2 in 5 people have personally experienced mental health struggles. Another survey in the same year that formed part of the Singapore Youth Epidemiology and Resilience Study involving 3,336 young people aged 11 to 18 revealed that 1 in 3 youth in Singapore has reported internalising mental health symptoms such as sadness, anxiety and loneliness. The church is also not spared the onslaught of mental health struggles that our nation has had to face.

This is why Ethos Institute for Public Christianity has decided for our ETHOS Conversation 2023 to address this pertinent topic of “Mental Health and the Church”. Join us as we bring into conversation Senior Consultant Psychiatrist Dr Adrian Loh and the President of Koinonia Inclusion Network Mr Leow Wen Pin to offer medical, psychological and theological perspectives on mental health. Some of the questions this conversation seeks to address include: i) what is the Christian perspective on mental health and its associated conditions? ii) Are there mental health conditions and struggles particularly associated with those from a religious community (including the church)? iii) What role can the church play in helping those struggling with mental health issues? Join this conversation to learn how the church can better journey together and minister to those experiencing mental health struggles. For more details, please visit this [LINK](#)

Our Growing Fellowship: In recent years, NCCS welcomed several churches and Christian organisations into its membership. In case you missed reading about these new members, we invite you to learn more about them and their ministries. You may access the information via our NCCS [Website](#)

Commissioner of Charities shares with churches the Terrorist Financing Risk Mitigation Toolkit for Charities. This toolkit aims to enhance charities' understanding of their risk exposure for abuse linked to terrorist financing. It comprises a framework and best practices to guide charities in identifying terrorist financing risks, assessing the level of risks, prioritising and mitigating the identified risks in a systematic manner. For details please visit this [LINK](#).

BCA (Building and Construction Authority) would like to remind churches that in March 2020, the Building Control Act has been amended, whereby owners of existing non-barrier-free buildings may be required to provide at least basic accessibility features for Persons with Disabilities (“basic accessibility requirement”), if owners carry out addition and alteration (“A&A”) works requiring plan approval in any part of the non-barrier-free buildings. For more information on the details, please refer to this [LINK](#)

Revised Code of Governance: We are pleased to inform you that NCCS, in partnership with the Charity Council, has organised a training session to assist our churches to familiarise themselves with the key changes to the revised Code of Governance. This will be held on 17 May 2023, 8.30am – 11.30am, at St Andrew’s Cathedral. Your church/organisation will be receiving an invitation to the training session.
